

Everyone should have fun and be able to enjoy the water - take the opportunity to learn some essential water safety skills for life to help keep yourself and others safe.

The award builds skills in five main areas:



Water safety awareness



Getting in and out of water safely



Safely staying afloat



**Performing** in water rescues safely

## **Safety Swim Course Schedule:**

Friday, 4th April: 14:00 -14:45 Saturday, 5th April: 10:00 - 10:45 Sunday, 6th April: 10:00 - 10:45 Friday, 11th April: 14:00 - 14:45 Saturday, 12th April: 10:00 10:45

To book a session please email:

b.katiyo@ kcs.org.uk or call: 0208 255 5402

£35 for members / £40 for non-members 45-minute session





